The Aroostook Medical Center would like you to have the best possible experience while you are in our care. Therefore, we have compiled information for you regarding your procedure. The following information has been provided in order to best serve you by making this process as effortless as possible. If you need further information or if there is anything we can do for you, please call 768-4216 or 768-4294.

**Hours:** 7:00 a.m. – 11:00 p.m. (walk-ins). Inpatient and emergency services are available 24 hours a day, seven days a week, 365 days a year.

**Preparation:** If you know that you are allergic to the iodinated contrast, please make your technician aware as soon as you check in. Patients need to be off Glucophage and Glucovance 48 hours after the procedure (check with your provider before taking yourself off of any medications).

**Prep time:** 2 hours  
**Exam time:** 20-30 minutes. Please allow time for registration, check-in and some wait time.

**Precautions:** Certain procedures are not recommended for women who are pregnant unless in the event of an emergency. Please notify your technician if you think you are pregnant so they can accommodate you.

**Procedure: Abdominal/Pelvic Computed Tomography (CT) Scan**

Patient Name: _______________________________  
Date of Appointment: ___________________________  
Time of Appointment: ___________________________

Please enter at the Main Entrance and stop at the Guest Relations desk to be registered. A Guest Relations representative can assist you in finding your way around the hospital as well as take care of any other needs you may have.

**Basic procedure information:** The CT (Computed Tomography or CAT) scan uses X-rays to obtain detailed, cross-sectional views of internal organs, blood vessels, soft tissues and bone. It can diagnose disorders of the lungs, digestive system, heart and vascular system, as well as infectious disease. Beyond its diagnostic value, CT can be used to guide biopsies and administer radiation treatment.

**Please note:** Nothing by mouth for four (4) hours in advance except for medications, water and oral prep. You must arrive one hour in advance to drink the entire oral contrast for the abdominal scan, and two hours in advance to drink for the pelvic scan.
Post Exam: The patient may return to their normal diet and activities as soon as the exam is complete. The contrast will be naturally eliminated from the patient’s body and should not discolor urine or stool.

Getting your results: After your procedure, the report will be sent to your provider for review. Only the provider who ordered the test will receive the results. The results are available within 48 hours, so please check with the provider who ordered the test after that timeframe to inquire about the results. Any other questions regarding the results should be directed to your provider.

Directions to A. R. Gould Memorial Hospital:

Take Academy St. at the traffic light and drive up the hill. At the crest of the hill, A. R. Gould Memorial Hospital is on the right. Turn right into the East Entrance and park in the first parking area on your right. This is the closest parking area to the Main Entrance.

If traveling from the Easton area, turn left into the East Entrance and park in the first parking area on your right. This is the closest parking area to the Main Entrance. Please stop at the Guest Relations desk to be registered.